

March 2015

CURRICULM VITAE

Michelle D. Evans-Chase, PhD
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EDUCATION

- 2013 PhD in Social Welfare University of Pennsylvania, Philadelphia
Mindfulness Meditation With Incarcerated Youth: A Randomized Controlled Trial
Informed By Neuropsychosocial Theories Of Adolescence
- 1999 M.A. in Social Psychology San Francisco State University, San Francisco
- 1989 B.A. in Psychology Rutgers University, New Brunswick

CURRENT POSITIONS

- Since 2014 ¾ Time Assistant Professor, Psychology Department, Rowan University
Research Methods, Advanced Research Methods
- Since 2014 Lecturer, Masters of Social Work Program, Stockton University
Trauma & Risk in Youth and Young Adults, Advanced Social Work Research

WORK HISTORY

Research

- 2008- 2013 Research & Program Evaluation, University of Pennsylvania, Philadelphia
- Veterans Affairs Veteran Justice Outreach Program Evaluation
 - Attitudes and Beliefs about the Implementation of a Natural Mentoring Intervention for Older Foster Youth
 - Measuring Adverse Childhood Events & Homelessness
 - Systematic Review: Best Practices in Juvenile Justice Programming
 - TITO – Teach In, Teach Out: Education and Empowerment Intervention for HIV Prevention In and Out of Jail
- 1999-2007 Senior Research Associate, Public Research Institute, San Francisco
- Arrestee Drug Abuse Monitoring Program (ADAM)
 - Research Infrastructure in Minority Institutions (RIMI)
 - Improving Alcohol Consumption Self –Report Measurement

Teaching

- 2012-2014 Lecturer, School of Social Policy & Practice, University of Pennsylvania
Introduction to Social Work Research, SAS Lab for Applied Linear Modeling
- 2008-2010 Lecturer, Psychology Department, Rowan University
Introductory Psychology, Social Psychology, Psychology of Scientific Thinking
- 2005-2007 Lecturer, Social Sciences Department, Atlantic Cape Community College,
Introductory Psychology, Introductory Sociology

- 2002-2005 Lecturer, Psychology Department, Cabrillo College, Santa Cruz
 Introductory Psychology, Social Psychology
- 1998-2002 Lecturer, Psychology Department, San Francisco State University,
 Social Psychology, Group Dynamics

PUBLICATIONS

1. **Evans-Chase, M.** If they like it they can take it with them: A mixed methods look at the use of Internet-based instruction of mindfulness meditation with incarcerated youth. *Advances in Social Work*, accepted for publication
2. Greeson, J., Thompson, A., **Evans-Chase, M.**, & Ali, S. (2015). Child welfare professionals' attitudes and beliefs about child-welfare based natural mentoring for older youth in foster care. *Journal of Social Service Research*, 41, 93-112
3. Cutuli, J., Montgomery, A., **Evans-Chase, M.** & Culhane, D. (2014). Childhood adversity, adult homelessness, and the intergenerational transmission of risk: A population-representative study of individuals in households with children. *Child & Family Social Work*, doi:10.1111/cfs.12207
4. **Evans-Chase, M.** (2014). Addressing trauma and psychosocial development in juvenile justice involved youth: A synthesis of developmental neuroscience, juvenile justice, and trauma literatures. *Laws*, 3(4), 744-758; doi:10.3390/laws3040744.
5. **Evans-Chase, M.** & Zhou, H. (2014). A systematic review of the juvenile justice intervention literature: What it can (and cannot) tell us about what works with delinquent youth. *Crime & Delinquency*, 60, 453-472.
6. **Evans-Chase, M.** (2014). The Neuroscience of Risk-Taking in Adolescence. In H. Matto, J. Strolin-Goltzman, & M. Ballan (Eds.), *Social work and neuroscience: Implications for policy, practice, and research* (pp 313-333). New York, NY: Springer Publishing Company.
7. **Evans-Chase, M.** (2013) Internet-based Mindfulness Meditation and self-regulation: A randomized trial with Juvenile Justice involved youth. *OJJDP Journal of Juvenile Justice*, 3, 63-79.
8. Montgomery, A., Cutuli, J., **Evans-Chase, M.**, Treglia, D., & Culhane, D. (2013). The Relationship Among Adverse Childhood Experiences, History of Active Military Service, and Adult Outcomes: Homelessness, Mental Health, and Physical Health. *American Journal of Public Health*, 103 (S2), S262-S268
9. **Evans-Chase, M.**, Kim, M., & Zhou, H. (2013). Risk-taking and self-regulation: A systematic review of the analysis of delinquency outcomes in the juvenile justice intervention literature 1996-2009. *Criminal Justice and Behavior*, 40 (6), 608 - 628.

PRESENTATIONS

1. 2015 **Evans-Chase, M.** Mindfulness Meditation With Incarcerated Youth: Randomized Controlled Trial Informed by Neuropsychosocial Theories of Adolescence. Conference paper accepted for the Mindfulness and Compassion: The Art and Science of Contemplative Practice Conference, June 3-7, San Francisco, CA.
2. 2015 **Evans-Chase, M.** Demystifying Mindfulness Meditation: How sitting on our butts can change our brains. Sama Vayama Wellness Center Spring Speaker Series, Glassboro, NJ.

3. 2014 Montgomery, A., Cutuli, J., **Evans-Chase, M.**, Treglia, D., Culhane, D. Relationship between adverse childhood experiences and adult homelessness: A secondary analysis of behavioral risk factor surveillance system data. Paper presented at the 141st APHA Annual Meeting and Exposition 2013
4. 2014 **Evans-Chase, M.** Mindfulness Meditation With Incarcerated Youth: Randomized Controlled Trial Informed by Neuropsychosocial Theories of Adolescence. Conference paper presented in a symposium titled Stress and Coping on Both Sides of the Law: Mindfulness-Based Interventions With Criminal Justice and Law Enforcement Populations at the Annual Convention for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
5. 2014 **Evans-Chase, M.** Mindfulness Meditation With Incarcerated Youth: Randomized Controlled Trial Informed by Neuropsychosocial Theories of Adolescence. Conference paper presented in a symposium titled Increasing Emotional and Cognitive Regulation among Highly Vulnerable Youth: Advancing the Science of Mindfulness Training at the International Symposium for Contemplative Studies, Boston, MA
6. 2012 **Evans-Chase, M.** & Zhou, H. *A systematic review of the juvenile justice literature: What it does(not) reveal about effective interventions*. Invited participant on a panel organized by the Campbell Crime and Justice Group for the American Society of Criminology Annual Conference, Chicago, IL. (unable to attend)
7. 2012 **Evans-Chase, M.**, Kim, M., & Zhou, H. *Risk-Taking and self-regulation: A systematic review of age effects in analyses of delinquency outcomes*. Paper accepted for the American Society of Criminology Annual Conference, Chicago, IL. (unable to attend)
8. 2011 **Evans-Chase, M.** & Kim, M. *Neuropsychosocial development and delinquency: Are we paying enough attention to the relationships among age, self-regulation & intervention outcomes?* Poster presentation for the 2011 Office of Juvenile Justice and Delinquency Prevention Conference for Children's Justice and Safety, National Harbor, MD.
9. 2003 **Evans, M.** & Rogers, J. *Effects of alcohol and other drug use and incarceration on childcare: Results from the 2003 addendum to the Arrestee Drug Abuse Monitoring Program main instrument*. Paper presented at the American Society of Criminology Annual Conference, Denver, CO.
10. 2003 Rogers, J. & **Evans, M.** *Methamphetamine use in Santa Clara County, CA: Results from 2000-02 Arrestee Drug Abuse Monitoring Program main instrument*. Paper presented at the American Society of Criminology Annual Conference, Denver, CO.

GRANTS

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| 2011-2012 | Program Developer, <i>Toa a le Tai (Ocean Heroes) Youth Mentoring Program</i> . American Samoa Community Services Block Grant |
| 2011 | PI, <i>Mindfulness Meditation with Incarcerated Youth: A Randomized Controlled Trial Informed by Neuropsychosocial Theories of Adolescence</i> . University of Pennsylvania GAPSA-Provost Award for Interdisciplinary Innovation. |
| 2003 | Investigator, <i>Impact of Alcohol, Drug Use And Criminal Justice Involvement On the Family</i> . National Institute of Justice |

PROFESSIONAL ACTIVITIES/ACADEMIC SERVICE

- Since 2015 Peer reviewer, Child and Adolescent Psychiatry and Mental Health
 Since 2014 Peer reviewer, Advances in Social Work
 Since 2012 Peer reviewer, Journal of Juvenile Justice
 2013 Peer reviewer, Criminal Justice & Behavior
 2012 Peer reviewer, University of Pennsylvania GAPSA-Provost Fellowship for Interdisciplinary Innovation
 2010-2012 Co-Chair, Doctoral Student Steering Committee Colloquium Series, University of Pennsylvania
 2009-2011 Deputy Volunteer Coordinator, SSWR Annual Conference
 2009-2010 Co-Editor, *The Fellow*, University of Pennsylvania
 2009 Peer reviewer, Office of Juvenile Justice and Delinquency Prevention

VOLUNTEER & COMMUNITY SERVICE ACTIVITIES

- Since 2013 Instructor, OCSC/Bacharach Rehabilitation Hospital Unified Team open water prone paddleboarding for athletes with spinal cord injuries, Ocean City NJ
 2011-2013 Instructor, National Marine Sanctuaries/American Samoa Marine Patrol ocean safety and community outreach, American Samoa
 2011, 2012 Deep water volunteer, Life Rolls On: *They Will Surf Again* day of surfing for athletes with spinal cord injuries, Wildwood NJ
 2000-2002 Group facilitator for incarcerated youth, California Youth Authority, Bonny Doon CA
 1996 Rider Support Coordinator, California AIDS Ride, San Francisco CA
 1995 Rider, California AIDS Ride, San Francisco CA

HONORS AND AWARDS

- 2014 *Internet-based Mindfulness Meditation and self-regulation: A randomized trial with Juvenile Justice involved youth* honored at Rowan University's ScholarFest in celebration of faculty, staff and students that contribute to research and advancement in their fields of study.
 2014 Hypothetical Last Lecture at Rowan University, student nominated
 2013 *Risk-taking and self-regulation: A systematic review of the analysis of delinquency outcomes in the juvenile justice intervention literature 1996-2009* listed as a new key Journal Article in Juvenile Justice by the Australian Institute of Criminology
 2011 Nominee, P.E.O. International Scholar Award
 2004 Faculty Award for Outstanding Dedication to the Students of Cabrillo College
 2002 Faculty Award for Outstanding Dedication to the Students of Cabrillo College
 2000 ADAM Program Outstanding Performance Award, National Institute of Justice